

A beloved friend of the Mission Remembering **KEN WALKER**

Kenneth L. Walker, was not only a dear friend, but a faithful member of the Haven of Rest's Board of Trustees for 27 years. He served as chairman of the Insurance Committee and as a member of the Finance Committee. On January 16, Ken went home to be with the Lord.

If you only remember one thing about Ken Walker, it should be this: He loved people. His life was marked by a commitment to diversity and social justice that overflowed from his vibrant faith in the Lord Jesus Christ. Our guests at Haven of Rest were blessed by

that passion in many ways, and he formed meaningful relationships with the Resident Men at the Mission. As a board member, he attended many graduation ceremonies because of his sincere interest in the welfare and progress of the men in the program. He also attended nearly all, if not all, of the Haven of Rest Annual African American celebration services, and on occasion would participate in the program.

Though Ken is sorely missed by his Haven of Rest family, we are confident that his legacy in our community will live on for many years. †




MARCH 2019
VOLUME 60 • NO. 3
THE VOICE
HAVEN of REST
MINISTRIES

Changed Hearts. Changed Lives. *One Story At A Time*



CAN MONEY REALLY BUY **HAPPINESS?**



Until 2018, the most popular class in Yale's 316-year history was "Psychology and the Law"—but "Happiness 101" has recently eclipsed it. They did some investigating to figure out why. Here's what they discovered:

1. *Money buys only so much happiness. According to a study by two Nobel Prize winning economists, well-being rises with income until you reach \$75,000, then it levels off.*
2. *Happy people devote time to family and friends. One study noted in Time magazine claims that as much as 70 percent of happiness comes from relationships with others.*
3. *You feel good when you do good. Copenhagen's Happiness Research Institute found that people who volunteer and give "experience fewer depressive symptoms, less anxiety, and enjoy a more meaningful life."*

What could be more meaningful than combining these ideas by connecting with family through service or giving? Inspiring generosity in the next generation is a great way to connect, and blessing Haven of Rest is a great way to leave a legacy.

For the full version of this article, ask for a FREE copy of 4 Ways to be Happier Today by contacting Michael Solosky at (330) 535-1563 or msolosky@havenofrest.org—or bless your family today with a God-honoring will at www.christianwill.org/haven. †

THE VOICE

Published By
Haven of Rest
 MINISTRIES

2018-2019
Board of Trustees

- Michael Kura, Pres.
- Terry Hollister, V. Pres.
- Richard Merolla, Sec.-Treas.
- Christine Cox
- Jim Cummins
- Carla Davis
- Richard Eckart
- Andrew Hayes
- Mary Jordan
- Rev. Jeffrey A. Kaiser
 Executive Director
- Marvin Raber
- Robert Unruh
- Rev. Ben Walker
 (Executive Director-Retired)

Trustees Emeritus

- Forrest Crocker, M.D.
- Charles Fisher
- John Hrivnak
- Willis Lynn
- Eileen Thomas



From the **Executive Director**

Dear Friends:

The days are getting longer and the temperature is slowly rising as spring is upon us. As the blossoms form on the trees and flowers burst forth from the ground, their glorious colors will let us know new life is all around us.

With the spring regional dinners taking place in March, two at Hartville Kitchen on the 12th and 14th and the third dinner at The Galaxy in Medina on the 26th, our theme this year is Changed Hearts. Changed Lives. One Story At A Time.

The testimonies shared at these dinners will talk about new beginnings and how Christ impacted their lives. In 2 Corinthians 5:17 it says, *“Therefore if any man be in Christ, he is a new creature: old things are passed away; behold, all things are become new.”*

As we move forward in spring, I want to thank you for making it possible for our guests to have the opportunity of a new beginning at Haven of Rest. Thank you for your faithfulness and your support of this ministry. May the Lord bless you. †

Blessings,

Rev. Jeff Kaiser
 Executive Director

Terah needed a fresh start.
THANKS TO YOU, SHE FOUND ONE.



Lots of moms tell their children, “You can do anything you set your mind to,” but Terah’s mom proved it. A single mother of two, she did everything in her power to keep their stomachs full and their home safe. “My mom and I were very close,” says Terah, “and everything went downhill right after her death.”

When her mother suddenly passed away, Terah was a mother of four and was only six months away from finishing college. “Mom called me and said that she had a bad headache and didn’t feel good,” Terah remembers. “She told me not to bring the kids until later that day. Before I could even get them dressed, she was being rushed to the hospital.” That day, Terah’s mother took her last breath, and a part of Terah died with her.

Overwhelmed by her mother’s passing, Terah struggled to concentrate during her classes. Financial challenges mounted, leading her to drop out during her final semester. When her mother’s house was foreclosed on, Terah and her children—who had been living there at the time—turned to their relatives for support. “At that point,” she says, “we would either have nowhere to go or I just had to split them up.” Faced with homelessness, her children were taken in by various family members.

With her children scattered across town, Terah called a homeless hotline to find shelter for herself.

That’s when she was referred to Haven of Rest. “If I hadn’t made it into the Mission that night,” she says, “then I wouldn’t have had anywhere to go.”

It wasn’t until Terah came here that she really began dealing with the loss of her mother. “The staff helped me be more open, whereas I used to just keep things bottled up,” she says. “I learned a lot from them—different ways to handle things and how to understand the Bible and apply it to my life.”

The generous support of friends like you has given Terah’s entire family a new beginning. Because of you, she is finally finishing her pharmacy tech degree while working at a local daycare. She recently moved into an apartment and looks forward to reuniting her children under one roof again very soon.

“Being here gave me the chance to start fresh,” she says. Thank you for helping families like Terah’s build the foundation of a bright future this Easter. †

Haven of Rest Nights at Canal Park

\$3.00 of every ticket purchased will be donated to Haven of Rest

To order TICKETS, mail to: Haven of Rest, Attn: Katrina Henry
 P.O. Box 547, Akron, Ohio 44309 or fax to (330) 535-8917.
 Katrina’s phone: (330) 535-1563 E-mail: khenry@havenofrest.org

HAVEN OF REST NIGHTS Ticket price includes donation		# of \$6 Tickets	# of \$8 Tickets	Total Enclosed
RubberDucks vs. Portland Sea Dogs	Sun., 6/16/19 (6:35 P.M.) \$6			\$
RubberDucks vs. Bowie Baysox	Fri., 7/12/19 (2:05 P.M.) \$8			\$
RubberDucks vs. Binghamton Rumble Ponies	Sat., 7/20/19 (7:05 P.M.) \$8			\$
RubberDucks vs. Trenton Thunder	Thur., 8/15/19 (7:05 P.M.) \$8			\$
RubberDucks vs. Erie Seawolves	Fri., 8/30/19 (7:05 P.M.) \$8			\$
*3 Fireworks games included *All fireworks games cost \$8				
** Day Game Orders MUST be received 2 weeks prior to above dates			Total Amount Enclosed	\$
<input type="checkbox"/> CHECK/MONEY ORDER PAYABLE TO HAVEN OF REST MINISTRIES				
<input type="checkbox"/> PLEASE CHARGE <input type="checkbox"/> VISA <input type="checkbox"/> MASTERCARD <input type="checkbox"/> AMERICAN EXPRESS <input type="checkbox"/> DISCOVER				
CARD #:	EXP.:	CID/CVV#:		
NAME:	SIGNATURE:			
ADDRESS:	CITY:	STATE:	ZIP:	
DAY PHONE: ()	E-MAIL:			

2019 Hope Tote Campaign is here!



The 2019 Hope Tote Campaign is underway, and we need your help to collect 3,000 Hope Totes for men, women and children who are struggling in Summit, Stark, Portage, Medina, Holmes, Tuscarawas and Wayne counties this Easter.

What’s a Hope Tote? Glad you asked! It’s a plastic bag filled with personal care items such as soap, shampoo, conditioner, toothpaste, toothbrush, deodorant and much more. These are basic items that hurting and homeless people need to remain clean and confident while they try to get back on their feet.

The Hope Tote Campaign is a meaningful way for you, your family, your church or business group to make a difference. We supply the Hope Tote bags; you fill and them return them to one of the drop-off locations for the Mission by April 5.

For more information on the Hope Tote Campaign, please call David John at 330-535-1563, or by email at djohn@havenofrest.org. Thank you for helping give hurting neighbors hope to hold on to! †