### HAVEN OF REST MINISTRIES



**VOLUME 61** NO. 10 **OCTOBER 2020** 

# FREEDOM FROM CHILDHOOD TRAUMA



## Hope and a Future

"I came to Haven of Rest after I crashed my car, lost my job, my financial savings, and then my home," says a former Harvest Home Resident. Looking back, it is clear to Connie how God planned for her to be rescued at the Mission. She attended the women's Recovery Education Classes led by Isobel Faltisco, Harvest Home Case Manager, as well as AA meetings, and the Mission's Chapel services. She shares, "Chapel times were very important to me because I felt safe in Jesus and the Lord more than I ever had before. It shaped me into being the best me."

Connie shares how her childhood consisted of constant trauma, physical and sexual abuse and neglect, with just a few moments of good times. She had to learn how to be independent, and escaped home early on, but then fell into using drugs, alcohol, and dysfunctional relationships to cope. It took years and an awful accident, but coming to the Mission helped her to rebuild herself without destructive coping mechanisms.

She shared how she grew from the boundaries she set up for herself utilizing Christ's standards, through wearing an alcohol monitor, and discovering how to overcome her addictions.

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# **<sup>≝</sup>VOICE**

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# FROM THE CEO

#### Dear Friends:

A scripture that my mother gave to me in my teenage years was from Proverbs 3:5-6 which says, "Trust in the Lord with all thine heart; and lean not unto thine own understanding. In all thy ways acknowledge him, and he shall direct thy paths." I have always held this special scripture close to my heart. As years have passed, this Proverb continues to speak to me at deeper levels through God's wisdom.

God's creation brings us so much beauty in the fall season, and as we enter October, the leaves are displaying their glorious colors. However, I also realize that as the temperatures start dropping, more guests will be seeking shelter from the cold. As the Proverb states, we will trust in the Lord and acknowledge Him in all we do, as we minister to the men, women and children needing help. When we lean on God to direct our paths, we know there will be many opportunities to share hope through Christ.

Thank you for your faithfulness to this ministry, especially during the pandemic. You are the armor bearers who hold us up in this ministry each day through your prayer time and financial support. Blessings to you as we enter into a new fall season. **†** 

In Christ, Rev. Jeff Kaiser

Rev. Jeff Kais CEO

### A Note from the President of Women's Auxiliary



Women's Auxiliary President Kathy Walker shared that after the Auxiliary officers and Rev. Kaiser met to discuss the Women's Auxiliary meetings, they have concluded the monthly meetings will be canceled through the end of the year. She adds, "We miss the fellowship, the shopping, sharing the luncheon, the program, and the excitement of working with one another on each project to see it brought to a conclusion."

For this year's project update, Rev. Kaiser has stated they are stepping out in faith and installing LED lighting. This project, consisting of the labor and supplies for new lights on the

outside of all three Mission buildings and in the parking lots, will increase safety for our clients, residents, staff, and volunteers. Rev. Kaiser is very grateful for all that the Auxiliary is doing to help pay for this very much-needed project. If you want to give toward the project, send your gift to Haven of Rest, P.O. Box 547, Akron, OH 44309. Make sure you send a note in the memo of your check for the "Auxiliary Project". Thank you for your generosity in our work and compassion towards our guests at the Mission.

Women's Auxiliary President Kathy Walker

### Freedom from Childhood Trauma

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By implementing what she learned from staff, she was able to begin healing. Connie now expresses joy with the new chances provided to her at the Mission and says how she enjoys meeting and interacting with Christian people who "pass on the glow".

Connie now helps others who are suffering from things she had gone through. She has had a fiancé, David, for the past three years, but is waiting for God's timing as she continues to grow in her relationship with Christ. She is saving money, going to local AA rehab meetings, and enjoying, for the last two years the transitional housing that the Mission helped her find. She also is honing her gift as an Artist as she draws, colors, paints, and sells mixed media water color prints, which have been on display at art galleries.

"People who work at Haven of Rest are great and provide a safe environment to help people grow again after the ground falls out from under their feet. It's a spirit filled, comfy place to connect you back to yourself and others after hard life circumstances," Connie says.

In praying for Connie, she asks that we pray for her to have a smoother ride in the next part of her life. She hopes to eventually get married and find a nice house for her and her future husband.

If you know of a woman who is seeking refuge or would like to tell ladies who are struggling and in poverty about Haven of Rest's Harvest Home, please lead them to our website at www.havenofrest.org or call Angela Stewart, Harvest Home Secretary, at 330-434-1149. **†**  "People who work at Haven of Rest are great and provide a safe environment to help people grow again after the ground falls out from under their feet".

### **KIDS HELPING KIDS CAMPAIGN**

Train 9

Christmas presents are being collected! Make a child or teen happy this Christmas through our Kids Helping Kids campaign. We are looking for families, churches, businesses, and those who would like to Adopt-A-Family. Men, women, and children living at the ministry also are blessed with donated items.

Please bring in your new unopened gift to the Donation Drive-thru at the Client

Services Center at 207 East Market Street in Akron. We need new toys for children up to 12 years of age and new gifts that a teen would love such as pajamas, jewelry, watches, games, gift cards, and tech/accessories. In addition, people can adopt families to purchase and wrap gifts from the family's wish list supplied by the Mission.

Thank you in advance for spreading the love of Jesus and making our youth smile. For more information on ways to help, please

email David John, S*pecial Events Coordinator*, at djohn@havenofrest.org or call him at 330-535-1563.

MARJORIE RUTH THOMA

HOME

HARVEST

# 2020 Open House Rescheduled



Due to COVID-19 and our efforts in keeping everyone as safe as possible, our annual Open House has been rescheduled for 2021. We regret not being able to see our supporters and partners come to the Mission for tours, discussions, and fellowship. However, we continue to stay open 24/7 to serve the men, women and children who are homeless, struggling, and in need.

Thank you for the ongoing support we are witnessing daily throughout these unprecedented times. In the midst of concern for yourself and loved ones, we appreciate how you continue to think of those in need at the Mission. If you would like to volunteer, please contact Jan Pluck, Volunteer Coordinator at 330-535-1563. To make a gift, go to www.donate.havenofrest.org.

We look forward to seeing you next year and thank you for your ongoing support. In the meantime, be well and be safe.  $\uparrow$ 

# PANTRY NEEDS:

*For Foodservice:* Please bring food to the Food Donation Dock, on the west side of the building at 175 E. Market St. near Journal Alley and ring the doorbell during the daytime.

- *Canned vegetables and fruits:* green beans, whole kernel corn, mixed vegetables, peas, carrots
- *Canned soups:* chicken noodle soup, tomato soup, vegetable soup, beef for stew, heat and eat (ravioli, SpaghettiOs)
- Canned meats: especially Tuna
- *Soup broths:* chicken, beef and vegetable
- Dry goods: boxed cereal, rice, etc.
- *Beverages:* bottled water, canned or bottled pop, beverage mixes (iced tea, cocoa, kool-aid, etc.) and regular and decaf coffee (larger quantities are helpful to use for client meals)
- *Snacks:* individual bags of chips, cookies, granola bars, snack cakes, etc.

*For Donation Center:* In addition to food items, we accept material donations that can be dropped off at the **Donation Drive-thru**, located at the rear of the Client Services Center at 207



E. Market St. Non-perishable food items may also be dropped off here. The Drive-thru hours for 207 E. Market are Monday-Friday, 8:00 a.m. to 6:00 p.m. and Saturday, 9:00 a.m. to 5:00 p.m. Closed Sunday.

The Clothing Department family works together to hang clothes, organize products, and fill our distribution center. Last year, the clothing department served 17,578 individuals. They were able to select from an assortment of free clothing, including undergarments, socks, and shoes for

men, women, children, and infants. Toiletries and personal care products, along with other needed essentials, are available to those in need. For more

information on what is currently needed, call Clothing Distribution at 330-535-1563 or go to our website at www.havenofrest.org. We are doing the COVID-19 cleaning and welcome all those who need clothing and other items.<sup>+</sup>

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